



RAMAIAH

ADVANCED
LEARNING CENTER

Ramaiah Post Graduate Foundation Skills in Orthopaedic Surgery

Jan 10th & 11th, 2020

**Surgical approaches to upper
and lower limb – Cadaver Training**

Venue : Ramaiah Advanced Learning Center

Dear friends,

No Surgeon is born great. They have achieved it by sheer hard work. The Art, Craft & Science of making a young budding post graduate into a good surgeon is a journey which involves hard work and plenty of effort. The training is to make them understand nuances of surgery and teach them some basic skill. It is to make them learn & sometimes unlearn certain important steps that will lead them with practice to perfection. The road towards the goal is long, no big jumps but small steps toward achieving the ultimate goal. Our is a small effort to handhold the post graduates in their journey to become master surgeon of the future.

We welcome the future surgeons to the two-day cadaveric course on orthopedic exposures. This course is aimed at providing the best experience in surgical exposures for all traumas. The course is mainly aimed for post graduates to learn and practice routinely used exposure layer by layer and pick up small skills under the watchful eyes of experienced surgeons.

A good surgeon is known by his how well he operates and not how he operates. The distinction between average surgeons to a good surgeon is to develop this skill. We plan to have a short session on good practices in OR and some of the Do's and Don'ts.

We plan to have limited numbers for each dissection and hence we have only limited seats for this course. We promise to make your learning memorable and we are sure you will find this experience, one of the most useful one in your future practice.

Dr. Naresh Shetty
Chief – RALC & Course Director

Day 1 (10-01-2020, Friday) - Upper Limb

09:00 - 09:30 am	Registration
09:30 - 09:45 am	Inauguration
Session 1	Topic
09:45 - 09:50 am	Deltpectoral approach to humerus
09:50 - 09:55 am	Anterolateral approach to humerus
09:55 - 10:00 am	Posterior approach to humerus
10:00 - 10:05 am	Posterior approach to elbow
10:05 - 10:20 am	Discussion
10:20 - 10:30 am	TEA BREAK
10:30 - 01:00 pm	Demonstration of the approaches on the cadaver
01:00 - 02:00 pm	LUNCH BREAK
02:00 - 02:05 pm	Volar approach to distal radius
02:05 - 02:10 pm	Volar approach to Forearm
02:10 - 02:15 pm	Volar approach to scaphoid
02:15 - 02:20 pm	Dorsal to approach to wrist
02:20 - 02:25 pm	Dorsal approach to forearm
02:25 - 02:40 pm	Good practices in OR
02:40 - 02:45 pm	Discussion
02:45 - 04:30 pm	Cadaver dissection

Day 2 (11-01-2020, Saturday) – Lower limb

09:30 - 09:40 am	Posterior approach to hip / KL approach
09:40 - 09:45 am	Lateral approach
09:45 - 09:50 am	Smith Petersen approach
09:50 - 09:55 am	Lateral approach to distal femur
09:55 - 10:00 am	Anterolateral approach to proximal tibia
10:00 - 10:05 am	Medial approach to proximal tibia
10:05 - 10:20 am	Discussion
10:20 - 10:30 am	Tea break
10:30 - 01:00 pm	Hands on cadaveric dissection
01:00 - 01:45 pm	Lunch break
01:45 - 01:50 pm	Fasciotomy for lower limb
01:50 - 01:55 pm	Anterolateral approach to ankle
01:55 - 02:00 pm	Anteromedial approach to ankle
02:00 - 02:05 pm	Extensile lateral approach to calcaneum
02:05 - 02:10 pm	Lisfranc's Dorsal approach
02:10 - 02:30 pm	Discussion
02:30 - 04:30 pm	Cadaveric dissection

Course Director : **Dr Naresh Shetty**
Course Coordinator : **Dr Darshan Kumar A Jain**

Faculty :
Dr Vanamali Seetharam
Dr. Ashok P
Dr. Ajoy SM
Dr. Prasad Soraganvi
Dr. Madhukesh R
Dr. Shravan Y
Dr. Darshan Kumar A. Jain
Dr. Karthik M N

Course intake 30 (3 per limb)

Course fee : (No spot registrations)

For post graduates : Rs 6000 till 31/12/2019
Rs 7000 from 31/12/2019

Letter from the HOD is mandatory for Post graduates

For consultants : Rs 9000 before 31/12/2019
Rs 10,000 from 31/12/2019

Bank details :

Cheque / DD drawn in favour of
“MSRUAS - M.S.Ramaiah Advanced Learning Center”
MSRALC Account No - 914010033412174
MICR Code - 560211017 | NEFT/ IFSC Code - UTIB0000559
AXIS BANK

Contact details : Secretary to Chief, RALC
080 2218 2819 | info@msralc.org | web: www.msralc.org

Dr Darshan Kumar A. Jain
+91 9844994342 | jaindarshan81@gmail.com

Venue : Ramaiah Advanced Learning Center
New BEL Road, MSRIT Post, Bangalore 560 054.

Accommodation Details

Corporate Park Inn
#1,17/5,Jaladarshini Layout,
Near M S Ramaiah Memorial Hospital
Gate No.5, New BEL Road, Bangalore-54
7795260999, 080-41230426

Lifestyle Hospitality
Service Apartment
9482416263

The Sanctum Suites
Service Apartments
080 23511282, 990 183 1111

The Green Tree
S.L. Radhakrishna Raja
Chief Executive
44 - 1st Main Road, Mathikere,
Yeshwanthpur, Bangalore - 560 054
9880957095, 80 - 41516191 / 92 / 93
booking@hotelgreentrees.com

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+91 080 4259 5959
reservations@krishinton.com



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Registration Form

Name				
Designation				
Reg. No.				
State of Registration				
Address				
Institution				
City		Pin code		
Address for correspondence				
Country				
Phone no.	Office	Country code	City code	Phone no.
	Mobile	Country code	Mobile no.	
E mail ID	1			
	2			

I am herewith enclosing Demand Draft/ Cheque no. dated

drawn on Bank, for Rs.

(in words.....).

Date

Signature.....